



SNEHA VILLALVA

SPEAKER | WRITER

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ABOUT

Sneha Villalva is an accomplished speechwriter and speaker with 20+ years of professional experience. As the creator of *Graceful Poise*, *Gentle Power* and *The Cut*, she empowers women aged 40-55 to embrace life and its transitions with purpose, balance and strength. Sneha is a member of the Speakers Institute Protégé cohort and a Maxwell-certified speaker. A former journalist whose poetry and prose have appeared in national and international media outlets, Sneha worked as the executive speechwriter for the leaders of UCLA and Pomona College.

SIGNATURE TALKS & OUTCOMES

Make The Cut: The Surprising Power of Subtraction

Discover how letting go leads to a life of poise and power.

- *Empowering women to navigate transitions with clarity and confidence.*
- *Providing actionable strategies for balancing career, purpose and personal growth.*

It Hurts So Good: How Pain Sharpens Clarity and Reveals Purpose

Inspire transformation, forge authentic connections, and live with intention.

- *Cultivating space for healing by shedding what no longer serves.*
- *Encouraging meaningful relationships and aligned living.*

TESTIMONIALS

"Sneha Villalva is truly one of the most exceptional and accomplished communicators I know..."

- Kevin Unruh, FBI Special Agent (ret.) | FBI Consultant (ret.)
| Principal, Unruh Consulting, LLC

"A powerhouse of presence and wisdom, Sneha captivates with both her message and her delivery...A truly unforgettable speaker."

- Vicki Tyler, Founder, The Grow Zone Layer

"Sneha is a powerful speaker with a powerful message to share. On stage Sneha brings authority, credibility and poise. Her message is empowering and needs to be heard by women all over the world."

- Anna Osharov, Managing Director & Co-Founder,
The Global Business Group

AS SEEN, HEARD & READ IN

NPR, Associated Press, HuffPost, Sojourners,
The London Reader, India Currents,
The Arroyo Channel



BOOK SNEHA FOR YOUR NEXT EVENT

Sneha offers keynote speeches for women and organizations ready to embrace balance and strength through intentional living.

email sneha@snehav.com or visit snehav.com