



# SNEHA VILLALVA

SPEAKER | WRITER

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## ABOUT

Sneha Villalva is an accomplished speechwriter and speaker with 20+ years of professional experience. As the creator of *Graceful Poise*, *Gentle Power* and *The Cut*, she empowers women aged 40-55 to embrace life and its transitions with purpose, balance and strength. Sneha is a member of the Speakers Institute Protege cohort and a Maxwell-certified speaker. A former journalist whose poetry and prose have appeared in national and international media outlets, Sneha worked as the executive speechwriter for the leaders of UCLA and Pomona College.

## SIGNATURE TALKS & OUTCOMES

### **Graceful Poise, Gentle Power: How to Refine Your Life With The Cut**

Help women overcome burnout and embrace purpose through intentional subtraction.

*Empower women to navigate transitions with clarity and confidence.*

*Provide actionable strategies for balancing career, faith and personal growth.*

### **It Hurts So Good: How Pain Sharpens Your Clarity and Reveals Your Purpose**

Help women transform pain, forge connections, cut off denial and experience healing.

*Inspire movement down the path of healing.*

*Encourage meaningful relationships and eliminate defeating ones.*

## TESTIMONIALS

***"Sneha Villalva is truly one of the most exceptional and accomplished communicators I know..."***

- Kevin Unruh, FBI Special Agent (ret.) | FBI Consultant (ret.)  
| Principal, Unruh Consulting, LLC

***"A powerhouse of presence and wisdom, Sneha captivates with both her message and her delivery...A truly unforgettable speaker."***

- Vicki Tyler, Founder, The Grow Zone Layer

***"Sneha is a powerful speaker with a powerful message to share. On stage Sneha brings authority, credibility and poise. Her message is empowering and needs to be heard by women all over the world."***

- Anna Osherov, Managing Director & Co-Founder, The Global Business Group

## AS SEEN & HEARD IN

NPR, Associated Press, HuffPost, Sojourners Magazine, The London Reader, India Currents



## BOOK SNEHA FOR YOUR NEXT EVENT

Sneha offers keynote speeches for women and organizations ready to embrace balance and strength through intentional living.

email [sneha@snehav.com](mailto:sneha@snehav.com) or visit [snehav.com](http://snehav.com)